Choose between option A and option B. Specify the option you have chosen.

Please, don’t forget to write down your code on each of your answer sheets.

OPTION A

INTERNATIONAL YOGA DAY

The practice of Yoga is between 3,000 and 6,000 years old. It originated in the Indian subcontinent. The word ‘yoga’ comes from Sanskrit and means ‘to connect’, symbolising the union of body and mind. To promote the many physical and mental benefits of practising yoga, the United Nations declared June 21st as the International Day of Yoga.

It was celebrated for the very first time last year. The event was hugely popular in many different places around the world, such as London, Paris, New York, Manila and Sydney, among others. The most important gathering of people took place in Delhi. With 35,985 participants, this event made it into the Guinness Book of World Records twice: for the largest yoga demonstration and for the demonstration with the largest number of nationalities in a single place.

The Indian Prime Minister, who participated in the event, was delighted with the experience and announced that his government wanted to introduce compulsory yoga lessons for police officers, as a way to get them into shape and to reduce their stress. Everybody in India knows that their police officers are out of shape, so the initiative has been generally well received. However, not everybody likes it. Some people have seen the measure as a religious imposition because they relate yoga to Hinduism.

Nevertheless, Guru Suneel Singh – a spiritual authority in Delhi – explains in his teachings that yoga does not belong to any religion and may be practised by everyone, whether they are agnostics or members of a particular faith. He states that both the physical and the mental aspects of this practice were part of daily life in ancient India, but that they are universal nowadays. "Is Tai Chi just Chinese? Is football just English? It is the same with yoga. It is a complete package for everybody’s mind and body and a cheap way to stay healthy," he remarks.
OPTION A

I.- Answer questions 1-4 according to the information given in the text. **WRITE COMPLETE SENTENCES USING YOUR OWN WORDS WHenever Possible. DO NOT COPY FROM THE TEXT.** (4 marks)

1. What concept does the word yoga symbolise?
2. Why did people get together in so many different places on the 21st of June?
3. For what two purposes will Indian policemen have to take yoga lessons?
4. Why do some people dislike the Indian government initiative?

II.- Are these statements **True** or **False**? **Justify** your answers based on information from the text, rewriting the original sentences in your own words or quoting properly. (2 marks)

1. The massive yoga demonstration held in Delhi broke two Guinness World Records.
2. Guru Suneel Singh thinks that yoga shouldn’t be practised by Hindus.

III.- Find the words or expressions in the text that mean. (1 mark)

1. support, sponsor, encourage
2. immensely, enormously, massively
3. thrilled, very happy, pleased
4. inexpensive, good value, low-priced

IV.- Write a **composition** of about 130 words on one of these topics. Specify your option. (3 marks)

1. “Participation in sports is an excellent way to stay healthy and should be encouraged by governments.” Do you agree or disagree? Give reasons to support your opinion.

2. Describe your favourite sport. Give details and examples to explain why you enjoy it.
**MADE OF OCEAN GARBAGE**

Pollution in the ocean is a huge worldwide problem. The United Nations Educational, Scientific and Cultural Organization, UNESCO, estimates that floating plastic garbage kills over a million seabirds and 100,000 marine mammals every year. To raise awareness of this problem, Adidas has designed a pair of running shoes made from recycled plastic ocean waste.

Adidas has come together with a nonprofit organization called Parley for the Oceans, which is dedicated to the conservation of the world’s oceans. The project was presented at the United Nations Climate Change Conference held in New York City last summer. Parley's founder, Cyrill Gutsch, explained that they wanted to inspire imaginative collaborations that can contribute to protect and preserve the oceans. He added that they were delighted that Adidas had joined them in this mission, putting its creative force to show that it is possible to turn ocean plastic garbage into something cool.

The running shoes will be completely eco-friendly: the sole of the shoes will be made from sustainable materials, while the upper part will use recycled plastic from the ocean and illegal fishing nets. The shoes are an interesting model for the future but, unfortunately, they are not on sale yet. They are just a prototype. In fact, Adidas has planned their release for their 2016 Christmas campaign.

Adidas has already put into practice other green initiatives, such as using 100% recycled paper for making their shoe boxes. In another environmental programme, Adidas has scheduled to stop the use of plastic shopping bags in all the company's stores by the end of 2017.

This is not the first time that an important corporation has raised awareness about the degradation of the world's oceans by creating objects out of garbage. Back in 2010, Electrolux created a vacuum cleaner from this type of plastic waste. In 2013, Studio Swine designed a chair made entirely of plastic recovered from marine pollution.
OPTION B

I.- Answer questions 1-4 according to the information given in the text. WRITE COMPLETE SENTENCES USING YOUR OWN WORDS WHenever possible. DO NOT COPY FROM THE TEXT. (4 marks)

5. What does Adidas want to achieve with this initiative?
6. How do people in Parley feel about Adidas’ collaboration in the project?
7. According to the text, when will it be possible to buy the new sports shoes?
8. Apart from the shoes, what else will Adidas do for the environment in the near future?

II.- Are these statements True or False? Justify your answers based on information from the text, rewriting the original sentences in your own words or quoting properly. (2 marks)

3. Around 100,000 seabirds are killed every year because of plastic garbage in the ocean.
4. Adidas is the first company that has made objects from garbage.

III.- Find the words or expressions in the text that mean. (1 mark)

5. universal, global, general, international
6. resting or moving slowly on the surface of a liquid and not sinking
7. fashionable, stylish, trendy
8. forbidden by law; banned; illicit

IV.- Write a composition of about 130 words on one of these topics. Specify your option. (3 marks)

3. We have a beautiful world. In your opinion, what can be done to preserve it for future generations? Explain the actions that can be taken by governments, industries and consumers.

4. Describe your favourite place in the world. Say where it is, what it is like, what you can do there, and any other relevant information about it.
INGELESA

I.- Answer questions 1-4 according to the information given in the text. USE YOUR OWN WORDS. DO NOT COPY FROM THE TEXT (4 marks)


Ariketa honetako puntuaziorik altuena 4 puntu erregistratu da. Galdera bakoitzari 1 puntu emango zaio, ulemena 0.5 baloratuko da, eta adierazpena, 0.5. Ikasleak, ariketaren argibide egin gabe, galderari testutik literalki kopiatuz erantzuten bado, erantzun bakoitzeko 0.25 puntu balorazioa izango du.

II.- Are these statements True or False? Justify your answers based on information from the text, rewriting the original sentences in your own way or, at least, quoting properly. (2 marks)

TRUE edo FALSE erantzunari justifikazio egokia erantsi beharko zaio. Ikasleak, testuan oinarrituz, erantzun bere hitzekin edo testuko esaldiak era egokian aipatuz justifika dezake. Erantzunari dagokion esaldiak osoak izan beharko dira, edota, kasuan kasu, behar bezala elkarlotuak, kakotx artean aipatu beharrekoa ondo txertatzeko. Ez du baliorik izango TRUE edo FALSE soilik idazleak.

Erantzun zuzen bakoitzak 1 puntu balioa du. Beraz, ariketa honen puntuaziorik altona 2 puntuemango izango da.

III.- Find the words or expressions in the text that mean (1 mark)


Zer balioetxi behar den jakiteko, atal hauek eduki daitezke kontuan: egitura gramatikalak eta sintaktikoak (1 puntu); lexiokoan behar den zuzentasuna eta aberastasuna (1 puntu); eta aspektu testualak eta komunikatiboak (1 puntu). Ikasleak 80 hitzetik beherako testua idatzten badu, azken puntuaziotik 0,5 puntu penalizazioa ezarriko zaio., eta 200 hitzetik gorako testua idatzten badu, ariketaren azken puntuaziotik 0,25 puntu penalizazioa ezarriko zaio.
OPTION A

NOTE: There may be different alternatives to the given answers. Students don’t have to write the paragraphs/lines where they have taken their answers from.

I.- Answer questions 1-4 according to the information given in the text. WRITE COMPLETE SENTENCES USING YOUR OWN WORDS WHENEVER POSSIBLE. DO NOT COPY FROM THE TEXT. (4 marks)

1. What concept does the word yoga symbolise?
   The word yoga symbolises the idea that body and mind are connected. (p.1)

2. Why did people get together in so many different places on the 21st of June?
   People got together on the 21st of June to celebrate International Yoga Day. (p.2)

3. For what two purposes will Indian policemen have to take yoga lessons?
   Indian policemen will have to take yoga lessons to get fit and to become less stressed. (p.3)

4. Why do some people dislike the Indian government initiative?
   Some people don’t like the initiative because they think that yoga and Hinduism are related and, therefore, the Indian government is imposing a religious activity. (p.3)

II.- Are these statements True or False? Justify your answers based on information from the text, rewriting the original sentences in your own words or quoting properly. (2 marks)

1. The massive yoga demonstration held in Delhi broke two Guinness World Records.
   This sentence is true. The text states that the “event made it into the Guinness Book of World Records twice: for the largest yoga demonstration and for the demonstration with the largest number of nationalities in a single place.” (p.2)

   [Also acceptable if the student ends the quotation with the word “twice.”]

2. Guru Suneel Singh thinks that yoga shouldn’t be practiced by Hindus.
   This statement is false. According to Guru Suneel Singh’s teachings, “yoga does not belong to any religion and may be practiced by everyone, whether they are agnostics or members of a particular faith.” (p.4)

   [Also acceptable if the student ends the quotation with the word “everyone.”]

III.- Find the words or expressions in the text that mean. (1 mark)

1. support, sponsor, encourage promote (p.1, l.3)
2. enormously, massively, immensely hugely (p.2, l.1)
3. thrilled, very happy, pleased delighted (p.3, l.1)
4. inexpensive, good value, low-priced cheap (p.4, l.7)
OPTION B

NOTE: There may be different alternatives to the given answers. Students don’t have to write the paragraphs/lines where they have taken their answers from.

I.- Answer questions 1-4 according to the information given in the text. WRITE COMPLETE SENTENCES USING YOUR OWN WORDS WHENEVER POSSIBLE. DO NOT COPY FROM THE TEXT. (4 marks)

1. What does Adidas want to achieve with this initiative?
   With this initiative, Adidas wants to make the problem of marine pollution more visible to society. (p.1)

2. How do people in Parley feel about Adidas' collaboration in the project?
   People in Parley feel very happy with this collaboration. (p.2)

3. According to the text, when will it be possible to buy the new sports shoes?
   According to the text, it will be possible to buy the new sports shoes next Christmas. (p.3)

4. Apart from the shoes, what else will Adidas do for the environment in the near future?
   In the near future, Adidas will stop using bags made of plastic in all its shops. (p.4)

II.- Are these statements True or False? Justify your answers based on information from the text, rewriting the original sentences in your own words or quoting properly. (2 marks)

1. Around 100,000 seabirds are killed every year because of plastic garbage in the ocean.
   This sentence is false. The text states that, according to UNESCO’s estimation, “floating plastic garbage kills over a million seabirds […] every year.” (p.1)

2. Adidas is the first company that has made objects from garbage.
   This sentence is false. The text states, “this is not the first time that an important corporation has […] created […] objects out of garbage” and mentions an earlier vacuum cleaner by Electrolux and a chair by Studio Swine. (p.5)
   [Also acceptable if the student only quotes the given sentence or if the student, without quoting the sentence, explains that Electrolux made a vacuum cleaner and/or Studio Swine designed a chair made from this type of garbage some years before.]

III.- Find the words or expressions in the text that mean. (1 mark)

1. universal, global, general, international worldwide (p.1, l.1)
2. resting or moving slowly on the surface of a liquid and not sinking floating (p.1, l.2)
3. fashionable, stylish, trendy cool (p.2, l.8)
4. forbidden by law, banned, illicit illegal (p.3, l.3)