

PROBA OROKORRA

201&ko PROBA



INGELESA

PROBA

ERANTZUNAK





Universidad
del País Vasco

Euskal Herriko
Unibertsitatea

UNIBERTSITATERA SARTZEKO
HAUTAPROBAK 25 URTETIK
GORAKOAK

2012ko MAIATZA

INGELESA

PRUEBAS DE ACCESO A LA
UNIVERSIDAD PARA MAYORES
DE 25 AÑOS

MAYO 2012

INGLÉS

CHOCOLATE

The Aztecs thought that chocolate had important medicinal properties; surprisingly, they may have been right. We tend to think of chocolate as junk food but most of its bad reputation is undeserved. A bar of milk chocolate contains more protein than a banana but a 1.4oz piece of milk chocolate contains less caffeine than a cup of decaffeinated coffee. (6 mg.)

Chocolate does contain saturated fat but it is not the sort that raises cholesterol levels in the blood, being derived from plants. Many people think they are allergic to chocolate. In fact, clinical tests found that only one person out of 500 who thought he or she was allergic actually was.

Chocolate does not aggravate acne. Indeed, research from the *University of Pennsylvania* concludes that acne is not affected by diet. On the other hand, research indicates that dark chocolate, like red wine, contains substantial amounts of *flavonoid phenolics* which may lower the risk of heart disease. Moreover, one ounce of chocolate or cocoa contains 10% of the Recommended Daily Allowance of iron. Chocolate also contains Vitamins A1, B1, B2, C, D, and E as well as calcium, potassium and sodium. Cocoa is roughly 20% protein, 40% carbohydrate and 40% fat. Nutritional researcher Michael Levine is on record as saying, "*Chemically speaking, chocolate really is the world's perfect food*". This was known hundreds of years ago by 16th Century monks and nuns. Drinking chocolate was not classed as "food" for fasting members of the clergy, so they could happily consume chocolate all day.

Chocolate can, however be lethal for one member of your family. It contains theobromine, which stimulates the cardiac muscle and the central nervous system and can be fatal for dogs. Just two ounces of milk chocolate can be deadly for a 10lb puppy.

Write your answers in the space provided in your exam.

1. -Are the following statements true or false? Say why. Take evidence from the text to support your answer. No marks are given for only true or false. (2 points)

1.1 Many people are allergic to chocolate.



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1.2 A long time ago monks were not allowed to drink chocolate.

2. -Answer the following questions in full sentences using information from the text. (2 points)

2.1 Is chocolate good for human's heart?

2.2 How does chocolate affect animals?

3. - Vocabulary: find synonyms in the text from the words below. (2 points)

- 3.1 increases
- 3.2 make worse
- 3.3 quantities
- 3.4 danger

4. - Write a composition of about 100 words on the following topic: (4 points)

Food affects your health seriously. Do you agree? Give at least three reasons to support your point of view.



**EBAZPENA: INGELESA
(2012ko maiatza)**

CHOCOLATE

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Chocolate does contain saturated fat but it is not the sort that raises cholesterol levels in the blood, being derived from plants. Many people think they are allergic to chocolate. In fact, clinical tests found that only one person out of 500 who thought he or she was allergic actually was.

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Write your answers in the space provided in your exam.

1. -Are the following statements true or false? Say why. Take evidence from the text to support your answer. No marks are given for only true or false. (2 points)



1.1 Many people are allergic to chocolate. **FALSE**

Clinical test found that only one person out of 500 who thought she or he was allergic actually was.

1.2 A long time ago monks were not allowed to drink chocolate. **FALSE**

Drinking chocolate was not classed as “food” for fasting members of the clergy, so they could happily consume chocolate all day.

2. -Answer the following questions in full sentences using information from the text. (2 points)

2.1 Is chocolate good for human’s heart?

Yes it is. In fact it may lower the risk of heart disease as it contains substantial amounts of flavonoid phenolics.

2.2 How does chocolate affect animals?

Chocolate is not good for animals, especially for puppies. They can die just with two ounces of milk chocolate.

3. - Vocabulary: find synonyms in the text from the words below. (2 points)

3.1 increases: raises

3.2 make worse: aggravate

3.3 quantities: amounts

3.4 danger: risk

4. - Write a composition of about 100 words on the following topic: (4 points)

Food affects your health seriously. Do you agree? Give at least three reasons to support your point of view.



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Clear and well organised ideas: 2 points

Grammar correctness: 1 point

Ambitious use of vocabulary: 1 point