

# METHOD FOR CELIAC DISEASE DIAGNOSIS IN THE ABSENCE OF GLUTEN CONSUMPTION

**Mendelian Randomization analysis of celiac GWAS reveals a blood expression signature for celiac disease diagnostic in absence of gluten consumption.**

## TYPE OF DEVELOPMENT

Diagnosis methodology.

## DESCRIPTION

Celiac disease (CeD) is an immune-mediated enteropathy with a strong genetic component where the main environmental trigger is dietary gluten, and currently a correct diagnosis of the disease is impossible if gluten-free diet (GFD) has already been started.

We hypothesized that merging different levels of genomic information through Mendelian Randomization (MR) could help discover genetic biomarkers useful for CeD diagnosis. As a result, we identified *UBE2L3*, an ubiquitin ligase located in a CeD-associated region. We interrogated the expression of *UBE2L3* in an independent dataset of peripheral blood mononuclear cells (PBMCs) and found that its expression is altered in CeD patients on GFD when compared to non-celiac controls.

The relative expression of *UBE2L3* isoforms predicts CeD with 100% specificity and sensitivity and could be used as

a diagnostic marker, especially in the absence of gluten consumption.

This approach could be applicable to other diseases where diagnosis of asymptomatic patients can be complicated.

## INDICATION

CeD diagnosis in PBMCs from individuals on a gluten-free diet.

## NOVELTY/ADVANTAGE

- Method for the diagnosis of CeD in PBMCs isolated from peripheral blood.
- Method for the diagnosis of CeD in individuals that have initiated a GFD before medical consultation.
- No need for gluten-provocation.
- No need for endoscopy.
- Easy PCR-based method for the detection of the relative expression of gene isoforms.



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## IPR STATUS

### Patents:

ES201930240; WO2020188133;  
US17/439,446; EP20732643

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## COOPERATION GOAL

- Licensing Out.
- Collaboration.